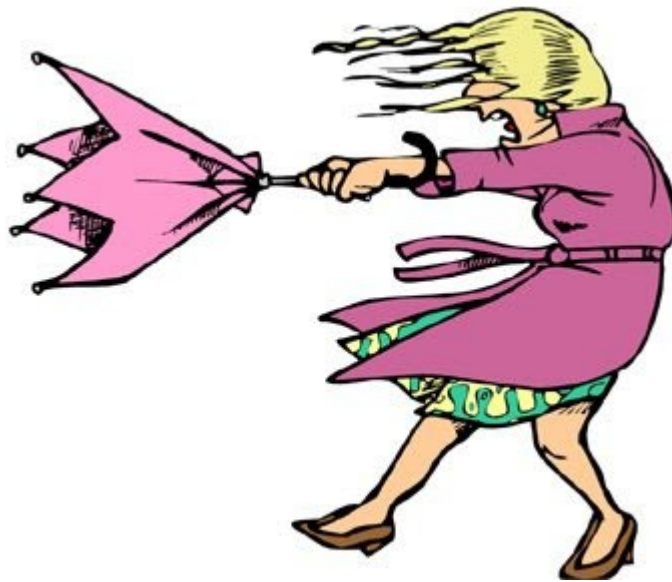


Noisy Neighbours Reiki



by Stewart Farquharson

Yes there's hope!

I know. You can't sleep, can't relax, can't play and can't work - and your neighbours don't seem to care how noisy they are. And your manager doesn't want to do anything about them.

How frustrating!

But there is hope. You can use this spiritual approach to solve the situation. This reiki gets Universal Healing Energy, Wisdom, and Love to rescue you.



Call on three things:

1. Consideration -

for your neighbours to be considerate towards you and your need for sleep and peace

for you to consider what personal problems are making your neighbours so noisy



2. Healing -

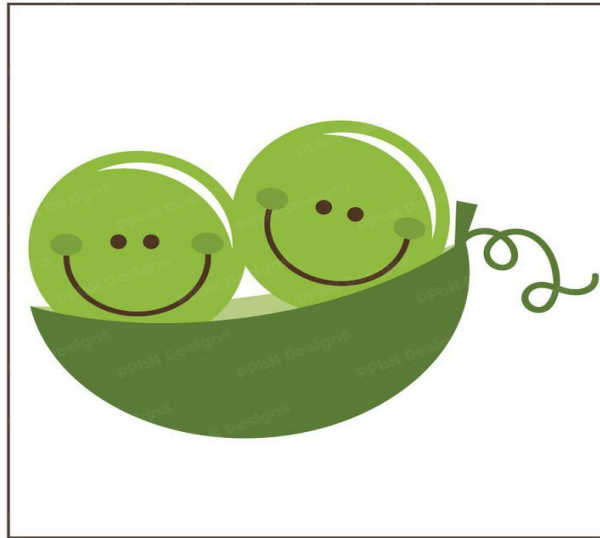
for your neighbour to be healed from the issues which make his or her life so unpeaceful

for you to be healed into a safe, happy, and peaceful home where you can sleep



3. Hope -

for everyone to love and be happy with each other, and be understanding of each other.



So we are going to call upon Universal Love, Wisdom, and Strength to surround us with a glowing sphere of peace and hope. We are going to throw some of this energy to the noisy neighbours with a genuine wish for their lives to be happy and peaceful as well.

We call upon Beauty and Fun and Hope to bubble merrily through our hearts and our living spaces and we let go of all tension, just touch the floor and let all that frustration run away into Mother Earth, and then we stand up and stretch our hands high and accept hope and self-power and optimism. You can do this!!!

Best wishes and get some sleep now.... :)



Using this reiki

To add this reiki to your own healing systems just say Noisy Neighbours Reiki on now!

Attunements

You may attune students to this reiki by your favorite method. There are no symbols. To accept an attunement just say aloud "I accept (name of system) sent to me by (name of teacher)."

I hope you find this energy useful and enjoyable. It is not intended to replace medical care, but as a means of wholeness.

Love and light,
Stewart Farquharson



Disclaimer: This energy system is intended for relaxation and wellness and spiritual growth, but people with medical problems should of course continue to see their doctors and get medical advice from a professional