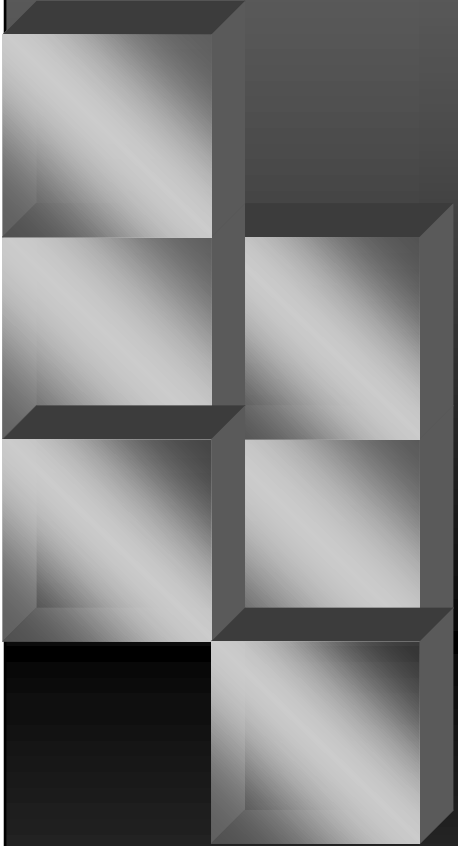




TIBETAN BLACK QUARTZ HEALING



CHANNELED & FOUNDED BY :

HARI ANDRI WINARSO

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There is no set fee for the **TIBETAN BLACK QUARTZ HEALING**, BUT Please No LESS from US \$12.5. Please do respect the energies and time and work that went into channeling this system and bringing it to you, and charge a reasonable price as you are guided.

Do not change any part of this manual. Please ask permission of the founder before translating the manual.

May this system be useful for your life, helpful to your goals, purposes, and desires about your life.

Much Love & Blessings,

Hari Andri Winarso

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TIBETAN BLACK QUARTZ :



The Himalayas of Tibet, where these crystals are found, are among the most sacred areas of the Earth. The Tibetan people were doubtless drawn to them because of their own high spiritual attunement, and the thousand of years of spiritual practice done in this region have enhanced the vibration of entire area as well.

Tibetan Black Quartz double-terminated crystals are among the most powerful stones of spiritual protection ever found. Carrying or wearing one creates a “bubble of light” around the body, allowing only positive vibrations to penetrate the auric field. Sleeping with or near Tibetan Black Quartz protects one from lower astral energies and can help eliminate disturbing dreams. Keeping one or more of these stones in ones living space can purify and cleanse the area of negative influences. I even recommend putting one on top of the television or computer screen to counteract the disharmonies these might emanate.

Meditation with Tibetan Black Quartz can be most beneficial, especially to those who feel an affinity for Tibetan Buddhism. The stones seem to emanate a silent 'OM' at all times, and they can be powerful activators of the third eye. They also resonate with the state of silent alertness which is essential to meditation, and they assist one in neither falling asleep nor being carried away by a vortex of thoughts.

In addition to offering protection and purification, Tibetan Black Quartz crystals emanate energies which can activate and balance the chakras and meridian system. If one of the chakras or nodal points is blocked or sluggish, touching the point with one of these crystals can quickly alleviate the problem. For full-body crystal treatments, place double-terminated points at each of the seven chakras, aligning them so the crystals lie lengthwise along the chakric column. This allows an energetic linkage among all the crystals and a resonant strengthening of the connections between all the points in ones body. By using the stones in this way, one also cleanses the entire subtle-energy system, allowing for a free vibrational flow of positive energies throughout.

Other uses for these powerful and beneficial stones include making crystal grids around ones bed or meditation space, creating a mini-vortex of good vibrations. Also placing them at the outside corners of ones home, as well as at each door or window, can enhance the subtle energies of the entire environment. Rituals done with Tibetan Black Quartz will be amplified in power and pure in their positive effects.

Tibetan Black Quartz harmonizes with Moldavite, Lemurian Seed Crystals, Lithium Quartz and Faden Quartz. Combining these stones with Azeztulite will bring in angelic energies, and using them with Phenacite can enhance visionary experiences.

Tibetan Black Quartz is a storm element stone that provides rapid expansion of conciousness combined with an activation of the grounding cord. These allies carry the ancient energy and records of Tibet within their matrix. For those with a strong affinity to this area of the planet, these allies will feel like 'coming home'. They are very strong awakeners of the upper chakras, allowing enhanced communion with the higher planes. Tibetan Black Quartz helps one embody the Higher Self of the Conciousness. They pulse with an almost audible tone that resonates within the third eye, crown and heart chakras.

Tibetan Black Quartz brings to the aura an energy like a flashlight in the dark. Their frequency acts as a psychic "window wash", clearing debris from the energetic field and allowing more light to fill the aura. As the Light permeates the energetic field, the aura expands and strengthens, creating a "non - force" field of Light around ones physical body. This 'non-force' field of Light illuminates all that it touches, bringing Light and conciousness to any environment. It a sense, these stones make you a carrier of their energy, and you spread it where-ever you go.

Tibetan Black Quartz makes an excellent healing tool, moving even the most stubborn energetic patterns and allowing for full-spectrum Light to bathe the physical vehicle down to the cellular level.

TIBETAN BLACK QUARTZ HEALING :

Tibetan Black Quartz Healing is a new form and powerful healing system. This energy works well in all aspect of the human.

- Spirit : Tibetan Black Quartz Healing opens one to vastly expanded states of conciousness. These energy clear the auric field and fill the physical and energetic bodies with full-spectrum Light. Tibetan Black Quartz Healing assists the physical body in integrating and using this Light as needed for spiritual growth or repair.
- Emotional : Tibetan Black Quartz Healing aid in moving out of attachment to the emotions and into a higher perspective, where emotions are clues as to what still needs to be cleared and released from the energetic field. They assist one in practicing non-attachment and non-restance.
- Physical : Tibetan Black Quartz Healing is primarily used for healing and repair of the nervous system, including the myelin sheath, the brain and the nerve ganglia that generate the electromagnetic energies of the chakras.

WORK WITH THE ENERGY :

✚ For Yourself :

1. Sit on meditation pose or in a chair, keep straight the spinal column.
2. Think : *"Tibetan Black Quartz Healing !"*
3. Don't think about the process, let the energy flow. Will be more better if you doing a meditation. When you feel that the energy is not running anymore or you somehow get a feeling that you are done, end the session. Drink a glass of water.

✚ For Others :

1. Make whatever positions like as usually you are doing to start give a session for others.
2. Think : *"Tibetan Black Quartz Healing !"*
3. Don't think about the process, let the energy flow. Will be more better if you doing a meditation. When you feel that the energy is not running anymore or you somehow get a feeling that you are done, end the session.
4. And before you stop the session, mentally say : *"Cut the energy connection, now !"*
5. Wash your hands and drink a glass of water.

GROUNDING :

1. Do this Grounding Exercise after you have finish all sessions like as above. This is very usefull to balance yourself and your energy, also will either relieve you from being over energized or recharghe and refresh your energy.
2. Stand up straight, stable position on the ground. Or if you don't have access directly with the ground, just visualize that you're standing on the ground.
3. Mentally say : *"I'm ground, now !"*
4. Feel the energy flow in your body feel .
5. This process will run approximately 3 – 5 minutes.

MEDITATION :

1. Sit on meditation pose or in a chair, keep straight the spinal column.
2. Mentally say this affirmation : *“My auric field is cleansed, energized and filled with Light, and I carry and share this Light with all whom I encounter.”*
3. And enter the deep meditation state. Doing this meditation as long as you can. Is not have a time limit for doing this meditation.

ATTUNEMENT :

❖ How To Receive :

1. Take a position that make you comfort and relax, but always keep straight your spinal column, but i'll suggest you to sit on a meditation pose. Close your eyes, deep and slow breath.
2. Say mentally : *“Now, I'm ready to receive Tibetan Black Quartz Healing attunement from ... (Mention your teacher's name). Thank you !”*
3. Do a meditation approximately 10 minutes.

❖ How To Pass :

1. Take a position that make you comfort and relax, but always keep straight your spinal column, but i'll suggest you to sit on a meditation pose. Close your eyes, deep and slow breath.
2. Say mentally : *“Tibetan Black Quartz Healing attunement sent to ... (Mention your student's name). Thank you !”*
3. Do a short meditation approximately 5 minutes.

NOTE :

You can use any others attunement methods to pass this attunement for anothers.

I Hope You Have Enjoyed To Reading And Learning This
Manual and Also Enjoy Your Attunement.

With Love,

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Please, Don't Give This Manual And Attunement For Others
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MINIMUM US \$12.5

No Less and Can More.

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